



**MANGALORE UNIVERSITY**  
**Department of Social Work**

**Master of Social Work (MSW)**

**Paper SWH 402: WORK WITH INDIVIDUALS AND FAMILIES**

**Course Outcomes:**

- Understand casework as a method of social work, and appreciate its place in social work practice.
- Understand the values and principles of working with individuals and families.
- Develop the ability to critically analyze problems of individuals and families and factors affecting them.
- Enhance understanding of the basic concepts, tools and techniques in working with individuals and families, in problem-solving and in developmental work.
- **Develop appropriate skills and attitudes to work with individuals and families.**

**Course Content:**

**UNIT-I**

**Historical Perspectives:** History and Development of Social Casework in U.K., U.S.A and India; Influence of psychoanalysis on case work- Introduction of casework as a method of social work - Concepts of adjustment and maladjustment - Philosophical assumptions and casework values.

**UNIT-II**

**Social Casework as a Method of Social Work, Its Principles and Models of Casework Practice:** Concept and Definitions; Components of casework : Person- client; significant others and collaterals; Problem- need, impaired social functioning; Place- agency, objectives, functions, policies and resources; Process- casework intervention; Principles: Begin where the client is; Individualization; Purposeful expression of feelings; Controlled emotional involvement; Acceptance; Non-judgmental attitude; Client self determination; Confidentiality; Models : a. Social diagnostic (Richmond); b. Supportive and modificatory (Hamilton); c. Problem solving (Perlman); d. Crisis intervention (Rapport); e. Classified treatment method; f. Competence based approach

**UNIT-III**

**Tools of Working with Individuals and Families:** Intake-record/sheet and the intake interview (client engagement); Casework interview; Home visit- collateral contacts; Recording and its types – narrative, process, problem oriented record keeping (PORK), Subjective & objective assessment plan (SOAP), Use of case work records as a tool of intervention; Case worker–client relationship; Knowledge of resources (networking); Communication - verbal, non-verbal, eye contact, body language; Case presentation as tool of professional development.

**UNIT-IV**

**The process of Intervention with Client System and Target System:** Study; Continuous assessment and analysis; Psycho-social diagnosis; Intervention; Follow-up; Termination; Case presentation based on field work practice

## UNIT-V

Application of Social Case Work in different settings and Clientele groups: Medical and Psychiatric settings- mentally retarded, Shelter homes; Mental Rehabilitation centre, De-addiction and detoxification centres Mental Health & Community Based Rehabilitation, tings, Family and child welfare settings: Family, child Role of social worker in Hospital set guidance clinic, Schools, Geriatric care and Aged and the Terminally ill people, Case Work in Disaster affected areas. Case Work practice in Community settings, Industries and Correctional Institutions; Problems and Limitations and role of Case Worker in various settings. Professional Self: Conflict and dilemmas in working with individuals and family.

### References:

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- Friedlander, Walter. A 1978 Concepts & methods of social work New York : Columbia Univ. Press
- Mathew , Grace , 1987 Case work in Encyclopaedia of Social Work Delhi: Ministry of Social Welfare.
- Robert Adams 2012 The short guide to social work, Rawat Publication New Delhi : Vikas Publishing House.
- Perlman, Helan Harris 1957 Social Case work a problem Solving Process,Chicago : University of Chicago
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- Thangavelu , Pillari Vimala , 1984 Social Work Practice : Case Studies, Bangalore : Asian Trading Corporation
- Timms Noel 1972 Recording in Social work, London : Routledge & Kegan Paul
- Ian Paylor, Fiona Measham, Hugh Asher 2013. Social work and drug use ,Rawat Publication