

MANGALORE  UNIVERSITY

CENTRE FOR WOMEN'S STUDIES

**Proceedings of the Composite of UG and P.G Board of Studies Meeting in
Centre for Women's Studies, Mangalagangothri
24 January, 2019**

The following members were present:

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|--------------------------|---------------|
| 1. Dr. Anita Ravishankar | : Chairperson |
| 2. Dr. Kishori Nayak.K | : Member |
| 3. Dr. Hemalatha H.M | : Member |
| 4. Dr. U.Thara Rao | : Member |

Member not present :

- | | |
|----------------------|----------|
| 1. Dr. G.S.Jayashree | : Member |
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The Board met in the Centre for Women's Studies, Mangalore University at 10.30am and discussed as per Agenda.

Agenda 1

Finalising the papers and training offered from the Centre for Women's Studies, Mangalore University.

The board scrutinized the 2 papers and the 3 training programmes proposed to be offered by the Centre for Women's Studies . These were prepared by the previous board in 2018. The 2 papers were:

1. Gender and Development.
2. Women and Entrepreneurship Development

The board discussed at length and finalized the syllabus of both the above papers. Each of the papers will carry 3 credits (3 lectures + 1 tutorial / week).

Besides this, the Board had also finalized the syllabus for three short term training programmes of 30 hours duration spread over 4 months which would be offered by the Centre. These are :

- a. Para Legal Practice
- b. Training in Entrepreneurship and Skill Development
- c. Gender and Counseling.

Agenda 2

Finalising the classes, the teachers, examination pattern and question papers.

Each of the CBCS papers will carry 3 credits (3 lectures + 1 tutorial /week). The faculty for teaching these 2 papers would be drawn from sister departments. These 2 papers will be offered in the 2nd and 3rd semesters from the academic year 2019-20. The examination pattern will be 70 marks for external and 30 marks for internal assessment. For 30 marks internal assessment students will be assessed for 2 tests and / assignments and / seminars and / tutorials. Model Question papers for both the papers were also prepared by the board.

Faculty for teaching these three training courses would be also drawn from NGO's and members of concerned organizations besides our teaching faculty. The training course would be self financing. Classes would be held on Saturday afternoons or on any week day in the evening. Individuals with P.U.C qualification working with an NGO or any organization or any graduate degree holder will be eligible to enroll for the training. Intake will be a maximum of 20 candidates. Candidates are expected to take a internal test for 100 marks and make a presentation on related topics at a viva-voce for 50 marks. After completing the training, certificates would be issued by the Centre for Women's Studies Mangalore University.

Agenda 3

Any other matters referred by the University.

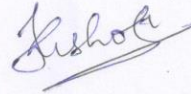
- a. The Board felt that the Centre for Women's Studies should be upgraded to a Department of Women's Studies offering MA in Women's Studies and Ph. D with interdisciplinary approach . In this regard a statute needs to be prepared and finalized to be sent to the Government of Karnataka for approval.

- b. The board also felt that efforts should be made to offer interdisciplinary Ph.D degree in Women's Studies in collaboration with other departments and necessary steps at the administrative level in this regard should be initiated.

The Chairperson thanked all the members and the meeting was adjourned.

Dr. Kishori Nayak.K

: Member



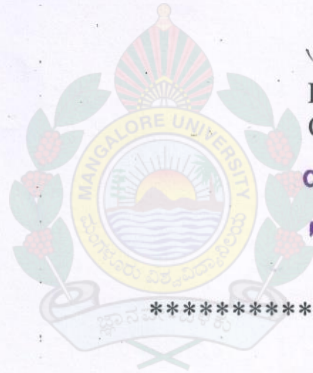
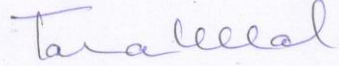
Dr. Hemalatha H.M

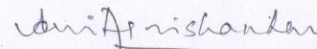
: Member



Dr. U. Thara Rao

: Member




Dr. Anita Ravishankar 24/1/19
Chairperson -BOS (UG-PG)
Director
Centre For Women's Studies
Mangalore University
Mangala Gangotri - 574 199



MANGALORE UNIVERSITY

CENTRE FOR WOMEN'S STUDIES

PROPOSED and APPROVED Training in Entrepreneurship and Skill Development

Context

Entrepreneurship is normally associated with males. But if empowering women have to become a reality then women need to become gainfully employed. Women entrepreneurship is one such avenue where women could become self reliant. It is also a reality that many women lack the awareness as to how to go about becoming an entrepreneur. This training would introduce them to the various entrepreneurial skill training opportunities available.

Each unit will be for 6 hours. In units 2-5, any two areas would be taken for training depending on the need.

Unit -I

Basics of Entrepreneurship

Understanding Entrepreneurship, Entrepreneurial Characteristics, Qualities of an entrepreneur, Business plan for small enterprises, steps to start a small enterprise, Registration, Statutory Licence, Finance, Clearances.

Unit -II

Entrepreneurial training on home based activities and non-traditional areas.

Baby Products- Diaper and Maternal products, Sanitary Napkin, Healthy Foods, Organic Foods, purse and hand bag production, Mobile Phone service and repairs, Web designing, Digital Marketing.

Unit -III

Technical Women EDPs

CNC machine operator, Two wheeler/Four wheeler mechanism. Tube Light Assembling-Car Washing, Car Driving, Home Appliances and Repair Services, Wet Grinder Assembling.

Unit -IV

Self Employment through Outsourcing

Training on wholesale to Retail trade, online marketing, services through outsourcing, sub contracting and franchising.

Unit -V

Sales and Marketing Services

Retail Sector training-Digital Marketing, Export and Import Procedures, Taxation Risk Management and Insurance, 3D Printing, Accounting through Tally, Bank Fund Management etc.- Electrical, plumbing etc.





MANGALORE UNIVERSITY

CENTRE FOR WOMEN'S STUDIES

Training Course in Para- Legal Practice

Context

The profession of a paralegal has seen an increase in recent times. Non-governmental organisations, law offices, and other governmental organisations authorised by administrative, statutory or court authorities are places where para-legals are employed. Such organisations give preference to persons with a degree/diploma in Para-Legal practice as this profession demands strong professional skills, a firm ethical foundation and a higher level of knowledge.

Methodology

The methodology of the training course would be Participatory. This would be augmented by visits to CWC, District Police Units, Santwana (women's helpline) and Children's Helpline, District Legal service Authority and Courts.

Unit -I

6 hours

Introduction to the Indian Legal System

- Judicial structures; Main Aspects of jurisprudence- structures of courts etc.
- Indian Penal Code (IPC); Criminal Procedure Code (CrPC);
- Evidence Act; Civil Procedure Code (CPC); Police Structures
- District Legal Service Authority.
- Duties of a trained Para legal
- Courts of women

Unit -II

9 hours

Law for Vulnerable Groups- Children.

- Status of the Child in India -Issues and Challenges
- Convention on Child Rights; Child Rights Policy. Methodology of conducting enquiry,
- Juvenile Justice (JJ) Act, POCSO, Prohibition of Child marriage Act 2006, Child trafficking Prevention Act.
- Child Right commission (Central and State)
- Systems under the statute – JJB, CWC, DCPU, SJPU, Child line

Unit-III

12 hours

Law and Vulnerable groups - Women

Women's Situation in India; Gender; Patriarchy

- Women's rights – Constitutional and International (conventions like CEDAW
- Personal Law.(Marriage, divorce, maintenance, custody, adoption and inheritance (Property right), Tripe Talak Bill , Methods of conducting enquiry.
- Compulsory Registration of marriages, Dowry law, Protection of Women from Domestic Violence Act 2005, Sexual Harassment at Work Place Act, Ant trafficking law.

- Rights of working women at Work Place 2013; Equal Remuneration 1976 Maternity Benefit of 1961.
- Rape and criminal amendment act, Pre-Natal Sex Determination Technique 1994, Medical Termination of Pregnancy 1971, Indecent representation of women Act 1986
- Others: Atrocities on Dalit Women; SC, ST Act (Prevention of Atrocities Act) 1989
- Reservation.
- Media and Crime; Cyber Crime.

Unit-IV - Visits

3 hours

- Visits to District Police Units; Visits to CWC; DCPU, Santwana; District Legal service Authority, Child line; Courts.

Reference Books

1. Everett Jana Matson - *Women and Social Change in India, Heritage*: New Delhi, 1985.
2. Nimalabhai. P - *Harijan Women in Independent India*, B.R Publication: New Delhi, 1986.
3. Kamaladevi Chattopadhyay - *Indian Women's battle for freedom*, Abinav: New Delhi, 1985.
4. Neera Desai- *Women and Society in Indian*, Ajanta: New Delhi, 1987.
5. Devaki Jain – *Indian Women, Ministry of Information and Board casting*: New Delhi, 1975.
6. Shams Shamsuddin – *Women Law and Social Change*, Ashish: New Delhi, 1991
7. Maithreyi Krishna Raj- *Women's Studies in India*, Popular Prakashan : Delhi, 1986.
8. Rathore L.S- *Political Theory and Organization: A Text book for students of Law and Government*, Eastern Books: Lucknow, 2000.
9. Satish Chandra- *Law of the Sea: Text of U.N. Convention*, Mittal: Delhi, 1985.
10. Rehana Ghadially – *Women in Indian Society, Concept*, Delhi 1985
11. Patel, Tulasi-Sex- *Selective Abortion in India: Gender, Society And New Reproductive Technologie*. New Delhi: Sage, 2007.
12. Indira Jaisingh - *Women and Law by Indira Jaising*
13. Vasudev Sharma - *Child Rights*
14. *BARE Acts*
15. *Judgements*
16. DEEDS - *Para Legal Manual*



MANGALORE UNIVERSITY

CENTRE FOR WOMEN'S STUDIES

PROPOSED and APPROVED Training Course in Gender and Counselling

Context

We live in a patriarchal society where male related values, dominate the culture in both private and public spaces. Such power structures affect people particularly women psychologically, with the result that today more and more people take recourse to counselling with the hope of taking control of their lives. A counsellor needs to be aware of the issues of gender, gender roles, power relationships, gender- specific expectations and help the clients explore their issues, without being gender biased. At the same time, a counsellor needs to ruthlessly question their own assumptions on gender.

Unit-I

7 hours

Definition, Nature and Scope of Counselling

1. Understanding Guidance and Counselling.
2. Types of Counselling.
 - Individual counselling, Family counselling, Group counselling.
3. Challenge Areas in Counselling.
 - Emotional, adjustment interpersonal, Career, Educational and Social Skill Development.
4. Setting in which counsellors work - clinical, Educational Institution, Medical, Organisational, Correction, Family Courts, Community and rehabilitation.
5. Role of a counsellor and ethics in counselling
Rights of Clients, dimensions of confidentiality, the Counsellor's ethical and legal relationship with clients, characteristics of a good counsellor.

Unit-II

5 hours

Basic Skills Rapport Building, Characteristics and qualities of counsellor, Importance of Counselling

1. What is patriarchy gender roles in society Sex, Gender, Patriarchy, patriarchy in Institution, Patriarchy in Family places, Patriarchy and State. Relationship, Counselling and psychotherapy – Rational, Emotive, Behavioural Therapy.
2. Psychological Impact Gender Based Violence.
 - Within the family; Domestic Violence, Incest, Sexual Abuse, Sexual Harassment in Work Places, Gender Based Violence through Media, Dowry, Rape.

Unit-III

9 hours

Counselling process

1. Rapport Building, Characteristics and qualities of a good counsellor, Importance of counselling, Counselling and Psychotherapy, Behavioural therapy Goals and Methods Qualities of a Helping Relationship, use of standardized assessment techniques, informed consent, issues of confidentiality
2. Gender Aware Counselling
 - Power Relationships in Counselling.
 - Male Counsellor/Female Client.
 - Female Counsellor/ Male Client.
 - Male Counsellor/ Male Client.

Unit-IV

9 hours

Family Therapy and Couple Counselling

1. Family Therapy System Theory –Key Concepts
2. Sources of Conflict in Marriage, Common Marital Problems.
3. Family and Marital Counselling – Skills and techniques Assessment of Families, Couples, Interview, Family Interview, Approaches to Family Counselling, Family and Couple Group Counselling. Risks and advantages
4. Geriatric Counselling
 - Gerontology and geriatrics
 - Mid life and Late life issues- Menopause, retirement, adjustment

to age related problems.

- Counselling issues- bereavement, illness, loneliness, Grief, death and dying.

Reference Books

1. Richard –Nelson- *Jones-Basic Counselling Skills: A helpers Manual*, Harper Collins : London, 2005.
2. Randi Etther - *Gender Loving Care –A Guide to Counselling Gender Variant Clunts*, Penguin:New York, 2008.
3. Jocelyn Chaplin –*Feminist Counselling in Action*, Sage: London, 2007.
4. Colin Lago, Barbara Smith- *Anti Discriminatory Practise in Counselling and Psychotherapy*.
5. Unitu –*Culture and Gender Sensitive Guidance and Counselling* – Unitu. it /archive/gelso/download/.../good-Practises- Booklet.
6. Jocelyn Chaplin – *Feminist Counselling in Action*, Sage: London, 1999.
7. Linda Martin Alcoff- *Visible Identities Race, Gender and the Self*, OUP: London 2006.

